

Parents really need to talk to young people about alcohol and drugs



Photo credit: canaldoinisino

CAD is delivering a series of six, 2 hour sessions on alcohol and drug awareness in your community.

Here's what parents say:

" Very informative, good fun "
(past participant)

" It has been a great help to me, I have learnt to step back before I do anything. Most important I have learnt to listen to my kids "

6 steps to help keep teens safe from alcohol and drugs.

- Get new information
- Learn new skills
- Use practical solutions
- Be assertive in your parenting
- Talk to other parents and CAD tutors
- Teach your children to make healthy choices



Community Awareness of Drugs

Established 1983

Every parent should do this course!

Bring a friend.

**Date: Thursday
28th September
2017**

**Where? Coláiste
Chraobh Abhann**

**Time: 7.00 pm—
9.00 pm**

**Please contact:
Carol Buckley @
(01) 2870198**

5 Gardiner Row, Dublin 1

T: 01-878 3656

E: info@cadaboutdrugs.ie

W: www.cadaboutdrugs.ie